



Pumpkin Protein Treats

Preheat oven to 350* and spray baking sheet with non-stick spray (or use parchment paper)

Mix together with a spoon until fully blended:

2 eggs

1 teaspoon vanilla extract

1 cup pumpkin puree (not pumpkin pie filling)

2 scoops vanilla protein powder

2 cups almond meal/flour

1/2 teaspoon baking powder

1/2 teaspoon baking soda

1 teaspoon pumpkin pie spice

1/4 cup Truvia (not baking blend)

Place 12 equal-sized scoops of batter on baking sheet.

Bake 12-14 minutes or until browned on top and set.

Let cool for 10 minutes and remove carefully from pan.

Store in refrigerator; makes 12 servings.

This would be a great addition to breakfast or as a single treat after dinner.